

**DEPARTMENT OF CIVIL ENGINEERING, INTEGRAL UNIVERSITY,
LUCKNOW**

A Brief Report on “National Level Yoga Quiz Competition” on 21st June 2021.

On the occasion of the 7th International **YOGA DAY**, Department of Civil Engineering Integral University Lucknow organized a National Level Online Quiz on the topic “**Yoga for all Well Being**” on 21st June 2021 at 12:30 pm.

Total participation in the Quiz was 1932 from 16 states of India and few International participants were also witnessed from Nigeria and United Arab Emirates. Participants ranged from school students to post graduates & home maker. School students from 17 different schools took part from different states of India.

Students from many renowned institutions like SGPGI Lucknow, KGMU Lucknow, IIT Bombay, Aligarh Muslim University, Jamia Millia Islamia University, SPA Delhi, TERI School of Advanced Studies, Amity University Noida, Chandigarh University, University of Petroleum and Energy, Delhi University, CSIR-HBT, BIT Sindra, Dhanabad, Allahabad University and many more in the row joined the Yoga quiz.

Students took part with extreme enthusiasm and zeal from different schools across India like City Montessori School Lucknow, Loreto Convent Intermediate College, Delhi Public School, Lucknow Public School, Army Public School, Carmel Academy, La Martinière College Lucknow, D.A.V School and Amicus Academy.

Mass participation from various States of India was witnessed. Maximum participations were from Uttar Pradesh, followed by Bihar, Maharashtra, Punjab, Jammu & Kashmir, Rajasthan, Tamil Nadu & West Bengal.

Registration Link for the Quiz was: <https://forms.gle/jq1jo6rApAdNymas8>



The event was managed by Mr. Anwar Ahmad Associate professor Department of Civil Engineering Integral University. Student Coordinators were Iqbal Ahmad & Almas Ahmad & students of Technical Society of Civil Engineering.

The selection criteria of the winner were the earliest response time and maximum score.

Accordingly, the top three winners are listed below:


| Rank | Name | Qualification | Institution | City |
|--------|---------------|------------------|--------------------------------|-----------|
| First | Rushda Farhat | School Student | Emma Thomson School | Lucknow |
| Second | Adeeba Nadeem | Graduate Student | Madan Mohan Malviya University | Gorakhpur |
| Third | Surbhi Yadav | Graduate Student | Integral University | Lucknow |

Certificates were issued to all the participants.

 **INTEGRAL UNIVERSITY, LUCKNOW** 
DEPARTMENT OF CIVIL ENGINEERING
ON THE OCCASION OF
7TH INTERNATIONAL YOGA DAY 2021
ORGANIZES
NATIONAL LEVEL ONLINE QUIZ COMPETITION
THEME :- YOGA FOR WELL BEING

| | | | |
|--|------------------------------------|---|--|
| FREE REGISTRATION- REGISTRATION OPEN PAN INDIA | SCAN THE QR CODE TO REGISTER | E-CERTIFICATE TO ALL PARTICIPANTS | DATE - 21/6/21 TIME - 12:30 PM - 1:00 PM |
|--|------------------------------------|---|--|

**PATRON :-
DR. SYED AQEEL AHMAD**



**ORGANIZING SECRETARY:-
MR. ANWAR AHMAD**

STUDENT CO-ORDINATORS :- IQBAL AHMAD, ALMAS AHMAD